

Inside this issue:

"Tough Days, Part II"	1,4
Announcements, Prayer Requests	2-5
Men of Faith Meeting Minutes	2
Usher Duties	3
Parish Nurse Notes	6
UMW Update,	6
UMW Unit Meeting Minutes	6-7

Special Points of Interest

- Monthly Meet-Ups, Page 4
- Simpson Meal, Back page
- September Birthdays and Anniversaries, Included with Calendar



**SEPTEMBER
2014**

*Faith United Methodist Church
"Engage, Equip, and Empower!"*

**Volume 2014,
Issue 9**

"Tough Days, Part Two" by Charles R. Swindoll

Galatians 6:9-10, 14-18

9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. 10 Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.

14 But far be it from me to boast except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. 15 For neither circumcision counts for anything, nor uncircumcision, but a new creation. 16 And as for all who walk by this rule, peace and mercy be upon them, and upon the Israel of God.

17 From now on let no one cause me trouble, for I bear on my body the marks of Jesus.

18 The grace of our Lord Jesus Christ be with your spirit, brothers. Amen.

Tough days. We all have them. And most of us, if we're honest, must admit we don't handle them well. Others who love us try to help, but they tend to complicate matters. Take the four guys who decided to go mountain climbing one weekend. In the middle of the climb, one fella slipped over a cliff, dropped about sixty feet, and landed with a thud on the ledge below. The other three, hoping to rescue him, yelled, "Joe, are you okay?"

"I'm alive . . . but I think I broke both my arms!" "We'll toss a rope down to you and pull you up. Just lie still!" said the three. "Fine," answered Joe. A couple of minutes after dropping one end of the rope, they started tugging and grunting together, working feverishly to pull their wounded companion to safety.

When they had him about three-fourths of the way up, they suddenly remembered he said he had broken both of his arms. "Joe! If you broke both your arms, how in the world are you hanging on?" Joe responded, "With my TEEEEEEEEEEEEETH . . ."

No, other people can't help much on tough days. They may be good companions, but they sure can't stop the pain. Holding hands and singing during an earthquake is small comfort.

Some would advise, "Just get in there and keep busy—work harder." But that doesn't help much either. When the barn's on fire, slapping a coat of paint on the other side doesn't make much sense. If the tires are flat, driving faster is pretty dumb.

So—what's the answer? How can we handle tough days when the Enemy works overtime to persuade us that God doesn't care? I have found solid encouragement from four threads woven into the fabric of Galatians 6. See if you don't agree.

Let us not lose heart (v. 9).

9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

(Continued on page 4).

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Koda Living Community, Owatonna: Elaine Flathers

Colony Court Memory & Care Suites: Ann Swenson,
Rosalind Peterson, Gerri Peterson

Colony Court: Millie Groh, Ardella Draheim, Nina Youngberg, Leona Quast

Lakeshore Inn: Florence Gutknecht, Hazel Henkensiefken, Don Lohse

Latham Place: Liz Corchran

Morrow Home, Sparta, WI: Marlene Rietfort

Oaklawn Health Care Center: Jim Keller

Tower Light, St. Louis Park: Darlene Lynch

Those who also need our prayers: Willie Mahler

Prayer Requests from Sunday Worship: Rodger and Vada Dahnert, Bruce and Deb Hering, Leona Quast, Betty Jane Ruedy, Jim Barber, Dan Possin, Kookie, Katherine, Alvin G., Les Wells, Lynne Swenson, Deloris Asmus, Roger Walker



Faith Crafters and Stitchers

Faith Crafters and Stitchers will meet on **Thursday, September 11**, from **1:00-3:00 p.m.** in the **Fellowship Hall**. You are welcome to bring your own project to work on. We will also try to have some Bazaar 2014 projects to work on if you wish. Bring a friend and join us for work time, fellowship, coffee and snacks! If you have questions, please call Sandy Voshell at 835-4122.

Thank You

Thank you for all the prayers and cards. I appreciated it very much and I am doing very well. *Lynne Swenson*

Thank You

I want to **thank** everyone for the prayers, cards, and visits while I was in rehabilitation in Mankato. It meant so much to know you were praying for recovering. I'm back in my home and feeling great. *Paul Krause*

Men of Faith Meeting Minutes

The Men of Faith meeting was held on August 14 at 6:30 p.m. in the Fellowship Hall of Faith UMC.

Members present were Keith Smith, Leslie Wells, Clair Voshell, Walt Hill, Jim Barber, Wally Ruedy, Pastor Victor, and Peter Fog.

Opening prayer and a devotional of prayer were given by Pastor Victor. The program we were to have was cancelled so we talked about other things.

Pastor Victor mentioned about having dry food on hand so in case someone came in and needed something to make at home we would have it on hand to give it to them.

As it was deemed a good idea we will try and have it in place by the end of September. Details will be worked out and it will be in place in September. More detail on this project will be in our September meeting minutes. The Men of Faith will be funding this project but if any one else wants to donate, please feel free to do so.

Cake and ice cream were served to the men. Peter Fog was host and Clair Voshell helped him. Our next meeting is September 11th, the second Thursday of the month. Hope to see everyone again,
Submitted by Wally Ruedy

Church Bus

Our church is responsible for having a rider on the Sunday bus the month of October. You meet the bus at the fair grounds and ride along, helping people on and off the bus. Sometimes we walk to their door, others hop on and off. We assist where we are needed. It's a rewarding service, meeting people, visiting as we ride along. Please volunteer to ride the Sunday Bus. Call Kim at the church office 835-3167 or contact Barbara Friedl (cell 832-969-6109).

UMW Guest Night Speaker



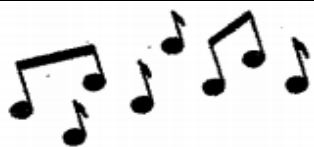
Our annual Guest Night is set for Tuesday evening, Sept. 9, with Beth Crosby from KJLY Radio as the featured speaker. Beth is multi-talented with a background in theatre, music, and ministry. Her theme for the evening, "Hearts and Hands for God" is sure to be inspirational and entertaining. Everyone is cordially invited to share in this event at Faith Church beginning with the program at 7:00 p.m. and refreshments to follow.

Usher Duties

What does an usher do at Faith United Methodist Church? Following is a brief description of usher duties:

1. Usher schedules are compiled every four months and mailed to the selected ushers. There are four ushers (including one head usher) that serve each two-week period.
2. Ushers should be at the church and ready to begin ushering by 9:00 AM.
3. Ushers should be stationed, with bulletins in hand, inside the sanctuary, not in the entry.
4. Greet people warmly as they enter the sanctuary, asking them if they have a place they prefer to sit. Usher them to a seat. Do not hand them a bulletin until they are ready to enter their seat. Encourage people to sit toward the front. Large print bulletins are also available, as are hearing devices.
5. One of the ushers will light the service candles before the service begins. An acolyte will light the Christ candle when directed to do so by the head usher. Enter from side door. If there is not an acolyte present in church, one of the ushers will light the Christ candle.
6. To receive the offering, two ushers will go down the center aisle and one down each of the side aisles. After receiving the offering, two of the ushers will take it to the pastor.
7. During the final hymn the acolyte (or usher) will get the flame from the Christ candle, extinguish the Christ candle, and exit up the main aisle with the flame. The service candles will be put out after the service is over.
8. During the final hymn the ushers may move down the side aisles and prepare to close the sanctuary. Put all hymnals back in the racks. Red hymnals on the outside and the Bible and black hymnal in the middle. Look carefully for bulletins that are in hymnals and the hymnal rack. Pick up paper from the floor, etc.
9. Close the blinds.
10. The head usher will direct the other ushers in their duties and adjust procedures as warranted.

If being an usher or head usher appeals to you as a way to serve God through Faith United Methodist Church, contact an usher next Sunday and volunteer your services!



"C" YOU THERE!
Starting
Wednesday, September 3rd

We don't mean to "horn" in on your "time," and we don't mean to "drum" it into your head or "harp" on it, but we would like for you to "note" that there will be a choir rehearsal on Wednesday night beginning at 7:00 p.m. We don't care if you drive a "tempo" or any other car, just so you come. We want you to "tune" in so that the "sound of music" will be "harmonious." As you "reed" this you will notice that the "key" or "tone" of our message is "cymbal" ism.

MONTHLY MEET-UPS

Elizabeth Circle
 UMW Elizabeth Circle will meet on **Wednesday, September 17**, at **3:00 p.m.** The location will be determined closer to the 17th.

Ruth Circle
 UMW Ruth Circle will meet **Wednesday, September 17**, at **9:30 a.m.** The location is to be determined.

Mary Circle
 Mary Circle **is to be announced** at this time.

Men of Faith
 Our next Men of Faith Meeting will be on **Thursday, September 11**, at **6:30 p.m.** in the **Fellowship Hall** of Faith United Methodist Church. The meeting is open to all men. Bring a friend!

Roger Walker

(Continued from page 1.)

"Tough Days, Part II"

Let us do good (v. 10).

10 Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.

Our tendency will be anything but that. Instead of good, we will feel like doing evil. Fume. Swear. Scream. Fight. Pout. Get irritated. Burn up all kinds of emotional BTU's. Rather than parading through that shop-worn routine, stay quiet and consciously turn it all over to the Lord.

Let no one cause you trouble (v. 17).

17 From now on let no one cause me trouble, for I bear on my body the marks of Jesus.

Superb advice! Refuse to allow anyone (or anything) to gain mastery over you. That throne within you belongs only to the Lord Jesus Christ. Stop leasing it out!

Let grace be with your spirit (v. 18).

18 The grace of our Lord Jesus Christ be with your spirit, brothers. Amen.

Allow the full impact of grace to flow through your thoughts, your attitudes, your responses, your words. Open the gates and let those good things stampede freely across your tough day. You sit on the fence and relax.

It works. It really does.

Chuck Swindoll has been a favorite pastor teacher of our family for years. We love his way of making the word clear and simple and the way he encourages our faith. I know many of you are dealing with very tough situations in your lives or the life of a loved one or spouse. There is physical stress on our bodies in the form of chronic pain, there are those who battle with cancer and others who are dealing with emotional pain. Where you find yourself this day know, know with certainty God loves you and will keep you safe in the palm of His hand.

Pastor Victor



Gospel In Life, Another Exciting Small Group Opportunity

Gospel in Life is an eight session course on the Gospel and how to live it out in all of life - first in our hearts, then in community, and ultimately out in the world.

Session I opens with the theme of the city, our home now, the world that is. How do we engage our community and seek the welfare of all who are in Waseca? Session 8 closes the course with the theme of the eternal city, our heavenly home, the world that is to come. In between we will look at how the Gospel changes our hearts (Sessions 2 and 3), changes in our community (Sessions 4 and 5), and changes in how we live. Each member of the group will have a participant's guide and a DVD that will lead them through the topic that was introduced in the sermon the previous Sunday.

If you are interested in being a part of this small group, please fill out our form below and place it in the office.

Name: _____

Phone: _____

I would like a group that meets:

- During the Day
- During the Evening
- I would like to know more about facilitating a small group

Sermons Series/Small Group Schedule

September 14	Seek the Welfare of the City
14-20	Session I
September 21	The Gospel and Our Hearts
22-27	Session II
September 27	Idols of Our Heart
29- October 4	Session III
October 5th	Community, the Context for Change
6th-11th	Session IV
October 12th	Witness to the World
13th-18th	Session V
October 19th	Work Cultivating our Garden
20th -25th	Session VI
October 26th	Justice Serving Others
27th - Nov. 1st	Session VII
November 2nd	Eternity, the World That Is To Come
Nov. 3rd – Nov. 8th	Session VIII

Parish Nurse Notes—"Food is Our Fuel"

Now that fair season is over and all the "goodies" it entails, let's give our bodies a rest from fast food. Fall is here and we have available local vegetables and fruits. These products hold a truck load of fuel for our bodies. They are less processed, less traveled, and so much more tasty and nutritious.

Think of it this way. If we put low octane gas in our cars that is supposed to run on high octane, what happens? It knocks; it doesn't start as well; it has unusual sounds. In other words, it's not running well, certainly not at its best. Same with our bodies. Put in fast food, our bodies don't run very well, for now and in the future. Some of us are predisposed to certain diseases but good food can mitigate some of those risk factors. The bottom line is eat good food and you will feel much better.

Matthew 6:25: "Is not life more than food, and the body more than clothing?"

Yes, life is more than food. We need to give up some of our goodies and fast food.

Hooray for Good Food and the abundance we have!

Peace, Sherry Scholljegerdes, RN, Your Parish Nurse

UMW Update

The summer has flown by. School has started, where did the time go?

We are headed into the last months of the year...and with many exciting events coming up. In September we have Guest Night, "Hearts and Hands for God". Beth Cosby will be our speaker. Beth is a radio personality with KJLY, a religious radio station, 104.5 on your dial. Invite friends, neighbors and family to come and enjoy the evening. Invite the men in your life. This event is for everyone.

On September 13 the Southern Prairie District Annual Gathering will be held. It will be in Montevideo. The UMW MN Conference Annual Gathering will be October 4. It will be in Normandale Highlands UMC in Bloomington.

Then we have our **Fall Bazaar November 1**. They will line up at the door for homemade soup, fresh baked bread and homemade pies. Also there's a bake sale, cookie sale and many crafts for sale. Members have been working all year on projects for the bazaar. On the third Thursday of the month the ladies work on projects either for the bazaar or for themselves. Everyone is invited to come to Crafters on the third Thursday afternoon from 1 to 3. Don't forget the **Silent Auction** and **Gently Used items**. The bazaar is our UMW fund raiser. The women do mission work all year with the proceeds.

Pretty soon we have Thanksgiving and Christmas. Have I made your head spin with all this?

UMW Unit Meeting, Aug. 18, 2014, 6:00 p.m.

After a delicious meal of salads, bread, soup and desserts furnished by several members the meeting was called to order. Thank you to the cooks and Sherry S who provided centerpieces of moon flowers and glads.

President Barb Friedl read a poem called "If Tonight You Were to Die."

Minutes of previous meeting were approved. Motion by Roberta and seconded by Char. F.

Treasurer's report given by Sandy V. Motion to file by Sherry S. and seconded by Karen F.

Sandy brought up the distribution of youth funds at the end of the year. It will be discussed at the end of the year.

(Continued on next page.)

UMW Unit Meeting, Aug. 18, 2014, 6:00 p.m.

(Continued from previous page.)

Old Business:

Tea: Roberta reported it was the biggest and best. Tickets were sold out. Good comments were received on the program, music, food and decorating. Thanks to all who helped.

Mission U: Char F. reported that 104 attended weekday and 106 Saturday. The majority were in the 66-75 range. They hope to grow the Youth camp at Mission U. Many positive comments were received.

This year for Emma Norton cash gifts of \$1500 and for Mission \$4000 were collected.

Day Apart: (held in Amboy) Char also reported that Cindi Saufferer presented the program for Joetta Doolittle whose husband had passed away that week. At noon the women helped pick up sticks from the church lawn that was littered from a storm the night before.

New Business:

Guest Night: "Hearts and Hands for God". The speaker will be Beth Crosby of KJLY radio. Sandy is in charge of refreshments and asks for volunteers to make assorted apple desserts. Contact Sandy if you can make one. Linda and Karen are decorating. All are encouraged to invite guests.

Bazaar:

Cookies: volunteers are requested to bring 10 dozen 3-4 inch cookies. Please contact Karen or Mary Jane if you can bake and the type of cookie you want to make. So far we have the following 1. Refrigerator: Sandy 2. Peppermint crisps: Mary Jane 3. Frostbites: Karen 4 Chocolate : Lorraine, We would like 6 more kinds.

Chairmen who volunteered:

1. Soup Sandy will co-chair; need another
2. Bread: Mary will bake
3. Pie cutting: ?
4. Dining room: Sherry S.
5. Crafts/bake sale: Roberta
6. Silent Auction: Shirley B.

Other announcements -

Men of Faith asked for our support for the outdoor cross by the lake.

Roberta asked for more volunteers for ushering.

Sherry S. is going to volunteer as a nurse in Haiti Nov 7-15. She would appreciate any financial donations you wish to make. She is also filling a tub with small plastic toys to give at the orphanage and would appreciate donations. Amanda also spoke of the need for money to help pay tuition for school children in Haiti. It costs about \$400 to send one child. She is collecting money for this. Last year she sent \$300 to this program through United Methodist Women.

UMW Annual gathering for Southern Prairie is Sept 13 at Montevideo..

State UMW Meeting is October 4 at Normandale Hyland in Bloomington.

If you are interested in attending one of these meetings contact Barb Friedl.

Motion to adjourn by Roberta and seconded by Karen

Submitted by

Mary Jane Stauffer

Acting secretary



Faith United Methodist Church

"Engage, Equip, and Empower"

**801 Fourth Ave. NE
Waseca, MN 56093**

Phone: 507-835-3167

Fax: 507-835-5400

E-mail: faithwaseca@gmail.com

www.faithwasecaumc.com

Non-profit Org
Postage Paid
Permit 30
Waseca, MN
56093

Change Service Requested

Simpson Meal

On Saturday afternoon, **September 27th**, a group of adults and youth will go from Faith Church to Simpson United Methodist Church in Minneapolis, to provide a supper meal for the men and women who sleep in the overnight shelter. Around 110 persons will be served. Again this year the meal will be catered by HyVee and taken to Minneapolis. Your support is needed to help pay for the meal as well as provide bread, milk, bananas, and cookies. A signup sheet for the latter items will be available on Sunday, September 14th.

Please make your checks out to Faith United Methodist Church and put Simpson meal on the memo line.

This is one of the ways we as the people reach out to our brothers and sisters in need in very concrete ways. Thanks for all that you are able to do.